	Always	Sometimes	Never
Headaches			
Migraines			
Ear Infections			
Sinus/Allergies			
Chronic cough			
Neck pain			
Shoulder pain			
Tingling in Fingers			
Heart palpitations			
Shortness of breath			
Stomach pain			
Nausea			
Heart burn			
Loose stool			
Constipation			
Sensitive to foods			
Gas/Bloating			
Skin issues			
Upper ack Pain			
Mid back pain			
Low back pain			
Hip pain			
Knee pain			
Feel Inflamed			
Auto Immune Issue			
Immune system issu	ıes 🗌		
Hormones unbaland	ced 🗌		
Agitated			
Anxiety			
Brain fog			
Sleep Issues			
Forgetful			
Depression			
Tired			